

REED CONSULTANCY SERVICES

PRESENTS

'A FRESH LOOK AT GESTALT THERAPY'

with

Michael Reed PhD FMGANZ



*“Deeply rooted in the philosophy of phenomenology, field theory and dialogue, and grounded in psychoanalytic, existential and intersubjective theories, Gestalt Therapy embraces a **relational perspective** in understanding the human condition, development, growth and change.”*

Gestalt therapy is among the earliest and most enduring psychotherapeutic approaches which are grounded in 'the relationship between therapist and client' as the source of healing. Informed by contemporary relational thinking, 'A Fresh Look at Gestalt Therapy' will examine recent relational and interpersonal developments in Gestalt theory and practice and demonstrate their application to key health issues confronted by counsellors and therapists in their practices.

Mike will present his current formulations regarding concepts such as awareness, here-and-now, the 'self', process and technique as well as address such key personal phenomena as relationship, cognition, narrative, attentional flow, the struggle within and personal inspiration. Mike will demonstrate how a relational approach to Gestalt Therapy can be applied in live therapeutic sessions.

This workshop is designed for all who have an interest in counselling and psychotherapy, particularly from a relational and interpersonal perspective. It is designed for both those who are experienced or have some familiarity with Gestalt therapy and principles as well as those who have an interest in deepening their understanding of human experience and wellbeing.

FACILITATOR – **Michael Reed PhD, FMGANZ** is a registered psychologist, an accredited social worker and a Fellow member of GANZ, with over 35 years clinical experience of working with individuals, couples, families and groups. He is a visiting trainer with a number of accredited and respected training centres across Australasia and has run workshops in Australia, Hong Kong, Japan, the United States and the Middle East.

Michael was a keynote speaker at the 2009 National Conference of the New Zealand Association of Counsellors. He has published in psychological, medical, health, counselling and psychotherapy journals and books. His workshops are regularly described as being “fascinating”, “engaging”, “entertaining”, “a rich mix of theory and methodology and practice” and “relevant to today’s clinical practice”.

Michael runs a private psychology and psychotherapy practice in Crows Nest, Sydney.

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Workshop : A FRESH LOOK AT GESTALT THERAPY with Michael Reed PhD FMGANZ
Dates: Saturday/Sunday, 11-12 September 2010 - 9.30-5.00 each day
Venue: To be finalised - either Crows Nest or Hunters Hill
Cost (gst incl): GANZ member -: \$330.00; Non GANZ members - \$360.00;
GPTS/GTS trainee/graduate - \$165.00

The workshop application form can be downloaded from the RCS website at:
www.reedconsultancy.com.au

PD points available

*Morning and afternoon tea provided.

Please bring your own lunch or purchase from eateries nearby.

REED CONSULTANCY SERVICES PROFESSIONAL DEVELOPMENT WORKSHOP

APPLICATION FORM

‘A FRESH LOOK AT GESTALT THERAPY’

Michael Reed PhD FMGANZ

11-12 SEPTEMBER 2010

NAME:.....OCCUPATION.....

ADDRESS.....

CONTACT PHONE: h/w:.....(m).....

EMAIL ADDRESS.....

ENCLOSED CHEQUE/MONEY ORDER - AMOUNT:..\$.....

IF APPLICABLE, GANZ MEMB. NO..... GPTS /GTS TRAINEE/GRAD:Y / N

WOULD YOU LIKE TO BE INFORMED OF OTHER WORKSHOPS? Y / N

**Please forward this section with your payment to: RCS WORKSHOPS
PO BOX 858
CROWS NEST NSW 1585**

Welcome to ‘Reed Consultancy Services’

www.reedconsultancy.com.au

Tel: (02) 9437 4765

RCS acknowledges the Gadigal people of the Eora nation, who are the traditional owners of the land upon which our practice is located.

REED CONSULTANCY SERVICES specialises in the provision of high quality and strictly confidential services in Counselling and Psychotherapy to individuals, couples and families.

OUR CLIENTS include people with challenging or prolonged personal and relational difficulties encountered in daily living, such as intimacy issues, loss and bereavement, relationship breakdown, family conflict, life adjustment, illness and disability issues and Family Court related matters.

OUR PRINCIPAL PSYCHOLOGIST & PSYCHOTHERAPIST, Dr Michael Reed is experienced in the treatment of a wide range of complex relational and mental health conditions, such as depression, anxiety, self-esteem, eating disorders, post traumatic stress, personality, relationship and life difficulties.

Dr Reed also offers professional supervision and training seminars and workshops.